# What's on in Wirral

Summer 1 Half Term 2025





## **ADDvanced Solutions Community Network**

is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Wirral families. No diagnosis or referral is needed to access ADDvanced Solutions Community Network.







### Wirral Community Network Group: Every Friday morning during term time

An informal, open access learning opportunity to seek advice and support around challenges you may be facing at all stages of your journey. No need to book, just come along, to meet the team and visiting professionals.

Topics this half term:

Time: 9:30am - 11:30am

**Venue: Gautby Road Community Centre** 

69 Gautby Road, Birkenhead, Wirral CH41 7DS.

The centre is located off Hoylake Road, close to Birkenhead North station. From Birkenhead bus station, you can reach the community centre via the 38, 407 and 418 bus routes.

#### **Get directions**



Friday 25 <sup>th</sup> April	Understanding & supporting behaviours that challenge
Friday	in partnership with
2 <sup>nd</sup> May	The Positivitree
Friday	Autism, ADHD
9 <sup>th</sup> May	and Masking
Friday	Composition Transition
16 <sup>th</sup> May	Supporting Transition
Friday	SEND Jargon Rustor
23 <sup>rd</sup> May	SEND Jargon Buster

## **Online Learning Opportunities**



We offer several opportunities for parents and carers to access our offer online if this is your preference. Weekly community network groups, termly workshops and also our Learning Programmes are delivered in a webinar format via zoom for healthcare.



Please register in advance to attend.

view our online calendar here or via the QR code

## ONLINE COMMUNITY NETWORK GROUP Monday mornings

9.30am - 11.00am

click here to register

21st April	Bank Holiday
28 <sup>th</sup> April	Attachment and Neurodivergence exploring the similarities and overlap of attachment theory and neurodivergence
5 <sup>th</sup> May	Bank Holiday
12 <sup>th</sup> May	Zones of Regulation supporting children and young people to be more aware of their emotional state
19 <sup>th</sup> May	<b>Understanding Echolalia</b> exploring repetitive and unusual patterns of speech.

## ONLINE COMMUNITY NETWORK GROUP Wednesday evenings

5.00pm - 6.30pm

click here to register

23 <sup>rd</sup> April	Attachment and Neurodivergence exploring the similarities and overlap of attachment theory and neurodivergence
30 <sup>th</sup> April	Troubleshooting Homework
7 <sup>th</sup> May	Sharing a Diagnosis
14 <sup>th</sup> May	<b>Understanding Echolalia</b> exploring repetitive and unusual patterns of speech.
21st May	Benefits exploring DLA, PIP, and other benefits which may be available to neurodivergent children and young people.

## **Online Sleep Workshop**

An extended webinar workshop, exploring aspects of neurodivergence that can contribute to difficulties with sleep for children and young people and what we can do to support better sleep.

Friday 2<sup>nd</sup> May - 9.30am - 12.00pm

click here to register



Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand.

Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.



## Learning Programmes for Wirral parents and carers

We offer learning programmes in Wirral to support parents and carers to understand and meet the needs of their neurodivergent children and young people, pre, during and post diagnosis.







## Neurodevelopmental Conditions Learning Programme

This programme equips parents and carers with a greater understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and equips them with practical strategies that support the difficulties that may present, including:

- Neurodevelopmental Conditions including Autism, ADHD, Sensory
   Processing Difficulties, Specific Learning Difficulties.
- Managing everyday challenges and behaviours including sleep, toileting and eating difficulties.
- Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.

No referral or diagnosis is needed

**Equilibrium Play and Community Centre** across 3 Tuesdays **29<sup>th</sup> April, 6<sup>th</sup> May, 13<sup>th</sup> May** 9.30am - 2.30pm

register now

or **online** across Tuesday and Thursday evenings beginning 22<sup>nd</sup> April 6.30pm - 8.30pm

<u>register now</u>

## Professionals Neurodevelopmental Conditions Awareness Raising Training

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- · Understand the differences between and the typical behaviours of ADHD, Autism, and other NDCs
- Recognise the impact that unsupported and unmanaged NDCs can have on an individual and their family
- Understand the impact that sensory processing difficulties can have on children and young people
- Identify local support available for professionals, children, young people and their families.

Tuesday 6<sup>th</sup> May - 9.15am - 4pm -Wirral - venue to be confirmed. If you are interested in this full day's training, please call the office on 0151 486 1788 or email <a href="mailto:info@addvancedsolutions.co.uk">info@addvancedsolutions.co.uk</a>.

The details we request when you register are kept securely and used in line with our privacy policy: <a href="https://www.addvancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf">https://www.addvancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf</a>



#### **Seeking Crisis Support?**

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, please see our <u>urgent support page</u>.

Get in touch with us











