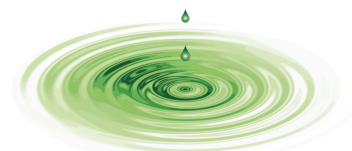


# What's on in Sefton

Summer 1 Half Term 2025



**ADDvanced Solutions**  
**Community Network**  
Supporting you to find the answers



## ADDvanced Solutions Community Network

is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Sefton families. No diagnosis or referral is needed to access ADDvanced Solutions Community Network.



**Learning  
Programmes**  
page 3 & 4

[find out more](#)



**Community  
Network Groups**

[see below](#)



**Online Learning  
Opportunities**  
page 2

[find out more](#)

## Sefton Community Network Group: Every Wednesday afternoon during term time

An informal, open access learning opportunity to seek advice and support around challenges you may be facing at all stages of your journey. No need to book, just come along, to meet the team and visiting professionals.

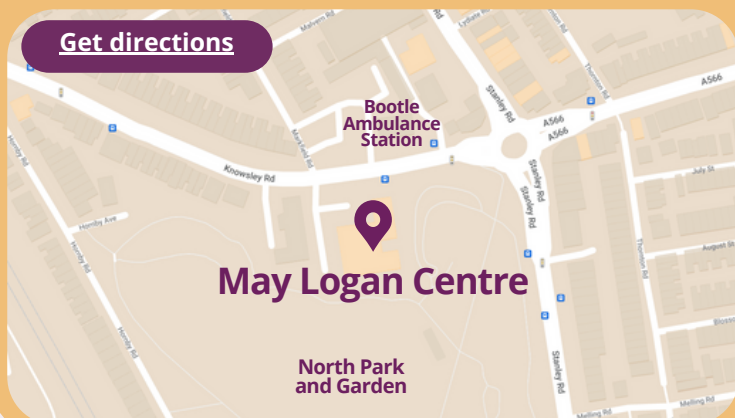
**Time: 12:30pm - 2:30pm**

**Venue: May Logan Healthy Living Centre**

294 Knowsley Road, Bootle, L20 5DQ.

There is on-site parking available, the nearest train station is Bootle New Strand and bus links include the 47, 53Q, 52/52A, 58 and 300.

[Get directions](#)



### Topics this half term:

Wednesday 23 <sup>rd</sup> April	Supporting Transition
Wednesday 30 <sup>th</sup> April	Attachment and Neurodivergence
Wednesday 7 <sup>th</sup> May	Autism, ADHD and masking
Wednesday 14 <sup>th</sup> May	in partnership with SENDIASS
Wednesday 21 <sup>st</sup> May	Zones of Regulation

## Online Learning Opportunities



We offer several opportunities for parents and carers to access our offer online if this is your preference. Weekly community network groups, termly workshops and also our Learning Programmes are delivered in a webinar format via zoom for healthcare.

Please register in advance to attend.



[view our online calendar here](#) or via the QR code

### ONLINE COMMUNITY NETWORK GROUP

#### Monday mornings

9.30am – 11.00am

[click here to register](#)

21 <sup>st</sup> April	<b>Bank Holiday</b>
28 <sup>th</sup> April	<b>Attachment and Neurodivergence</b> exploring the similarities and overlap of attachment theory and neurodivergence
5 <sup>th</sup> May	<b>Bank Holiday</b>
12 <sup>th</sup> May	<b>Zones of Regulation</b> supporting children and young people to be more aware of their emotional state
19 <sup>th</sup> May	<b>Understanding Echolalia</b> exploring repetitive and unusual patterns of speech.

### ONLINE COMMUNITY NETWORK GROUP

#### Wednesday evenings

5.00pm – 6.30pm

[click here to register](#)

23 <sup>rd</sup> April	<b>Attachment and Neurodivergence</b> exploring the similarities and overlap of attachment theory and neurodivergence
30 <sup>th</sup> April	<b>Troubleshooting Homework</b>
7 <sup>th</sup> May	<b>Sharing a Diagnosis</b>
14 <sup>th</sup> May	<b>Understanding Echolalia</b> exploring repetitive and unusual patterns of speech.
21 <sup>st</sup> May	<b>Benefits</b> exploring DLA, PIP, and other benefits which may be available to neurodivergent children and young people.

## Online Sleep Workshop

An extended webinar workshop, exploring aspects of neurodivergence that can contribute to difficulties with sleep for children and young people and what we can do to support better sleep.

**Friday 2<sup>nd</sup> May** – 9.30am – 12.00pm

[click here to register](#)



Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.



## Learning Programmes for Sefton parents and carers

We offer learning programmes in Sefton to support parents and carers to understand and meet the needs of their neurodivergent children and young people, pre, during and post diagnosis.

**[Click here or scan the QR code to visit our website and find the latest available dates](#)**



## Neurodevelopmental Conditions Learning Programme

This programme equips parents and carers with a greater understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and equips them with practical strategies that support the difficulties that may present, including:

- **Neurodevelopmental Conditions – including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.**
- **Managing everyday challenges and behaviours – including sleep, toileting and eating difficulties.**
- **Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.**

**No referral or diagnosis is needed**

**[Click here for latest dates to attend face to face or online](#)**

## Autism Learning Programme

The Autism Learning Programme has been designed to support and empower parents and carers in their understanding of how autism is experienced by children and young people, providing learning, guidance and strategies to better support your child/young person. The programme is for Liverpool and Sefton parents/ carers whose children and young people have **received a diagnosis of autism (ASD)**.

This offer is in partnership with Alder Hey NHS Trust, commissioned by NHS Cheshire & Merseyside.

**To book your free place** call our office on **0151 486 1788** or email us on **[info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk)** or register your interest below



### AGE 3-8

**Online** -on Wednesday and Thursday evenings 6pm – 8.30pm beginning 30<sup>th</sup> April.

**[Register here](#)**

**in Sefton** – across 3 Tuesdays 9.30am – 2.30pm beginning 3<sup>rd</sup> June

**[Register here](#)**



### AGE 9-13

**in Sefton** – Ainsdale across 3 Tuesdays 9.30am – 2.30pm begins 22<sup>nd</sup> April

**[Register here](#)**

**Online** – on Thursday evenings 6pm – 8.30pm beginning 5<sup>th</sup> June

**[Register here](#)**



### AGE 14-19

**in Liverpool** across 3 Mondays 9.30am – 2.30pm beginning 23<sup>rd</sup> Jun

**[Register here](#)**



## Professionals Neurodevelopmental Conditions Awareness Raising Training

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- **Understand the differences between and the typical behaviours of ADHD, Autism, and other NDCs**
- **Recognise the impact that unsupported and unmanaged NDCs can have on an individual and their family**
- **Understand the impact that sensory processing difficulties can have on children and young people**
- **Identify local support available for professionals, children, young people and their families.**

**ADDvanced Solutions Community Network is commissioned to deliver a limited number of Neurodevelopmental Conditions Professional Awareness Raising Training. If you are interested in this full day's training, please call the office on 0151 486 1788 or email [info@addvancedsolutions.co.uk](mailto:info@addvancedsolutions.co.uk).**



We regularly update our website with new dates for professional training and information about our offer for any professionals who work with neurodivergent children, young people and their families

[find out more](#) about our offer for professionals



The details we request when you register are kept securely and used in line with our privacy policy: <https://www.addvancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf>



### Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, please see our [urgent support page](#).

[visit our Sefton web page](#)

Get in touch with us

