

What's on in Warrington

Spring 1 Half Term 2025



ADDvanced Solutions
Community Network
Supporting you to find the answers



ADDvanced Solutions Community Network is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. Below you will find the learning programmes and workshops for Warrington families. No diagnosis or referral is needed to access ADDvanced Solutions Community Network.

Community Network Groups

Delivered weekly during term time, an informal, open access learning opportunity to seek advice and support around challenges you may be facing at all stages of your journey. Drop in, no need to book, to meet the team and visiting professionals.

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Neurodevelopmental Conditions Learning Programme

Six-session learning programme for parents and carers to increase understanding of neurodevelopmental conditions and build skills and confidence to better support their child or young person's presenting needs.

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Online Learning Workshops

Difficulties Attending School:
To help you to better understand the reasons why neurodivergent children and young people may have difficulties in accessing education, the impact of not attending and strategies we can use to support our children and young people to support them in accessing school.

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Preparing For Adulthood Learning Programme

A newly commissioned offer of learning opportunities to parents and carers of neurodivergent young people **aged 11+, who are awaiting Autism and LD assessment**, to support them as they approach adulthood.

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Professionals Neurodevelopmental Conditions Awareness Raising Training

Funded training for professionals to increase understanding of neurodevelopmental conditions and the impact on children, young people and their families.

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What is a Community Network Group?

Community Network Groups, delivered weekly during term time, offer an informal learning opportunity to seek advice and support around any challenges you may be facing at all stages of your journey - no referral or diagnosis needed. Drop in, no need to book, to meet the team and visiting professionals, for learning and strategies to better support your child or young person.

Warrington Community Network Group - NEW VENUE

Where?

**Orford Community Hub, Festival Ave,
Warrington WA2 9EP.**

The hub is based a 5 minute drive Sandy Lane Children's Centre, where the group was previously located.

[Get directions](#)



| When? | Topic |
|---|--|
| Thursday 9th January 12:30pm - 2:30pm | Identifying Problems, Finding Solutions: An open session to come along and discuss any difficulties you may be experiencing with your child or young person and explore strategies to support them. |
| Thursday 16th January 12:30pm - 2:30pm | Neurodevelopmental Conditions and Anxiety: Anxiety can have a huge impact on neurodivergent children and young people. Where does it originate? How can we help? |
| Thursday 23rd January 12:30pm - 2:30pm | Supporting Adolescent Mental Health: Our partner Ahead of the Game will be providing information about how we can help identify mental health difficulties in adolescents and how we can support them with this. |
| Thursday 30th January 12:30pm - 2:30pm | Understanding and Supporting Behaviours that Challenge: Recognising underlying causes of behaviours that challenge and identifying strategies to support |
| Thursday 6th February 12:30pm - 2:30pm | Neurodiversity and Gender Identity: Clarifying the key terms and ideas around gender identity, as well as how we can support our neurodivergent children and young people with their gender identity. |
| Thursday 13th February 12:30pm - 2:30pm | Autism with a Demand Avoidant Profile (PDA): Exploring strategies to support autistic children and young people presenting with varying degrees of demand avoidance. |

Monday All Area Online Community Network Group

Please join us online by clicking [here](#) to register your details.

Only one registration is required to join any of the topics listed below and you will receive a reminder each week, which includes the link to join. Our online offer is delivered via Zoom for Healthcare.

| When? | Topic |
|---|---|
| Monday 6th January 9:30am-11:00am | Identifying Problems, Finding Solutions: An open session to come along and discuss any difficulties you may be experiencing with your child or young person and explore strategies to support them. |
| Monday 13th January 9:30am-11:00am | Specific Learning Difficulties: Providing learning and strategies to support dyslexia, dyspraxia, dyscalculia and dysgraphia - the four major specific learning difficulties. |
| Monday 20th January 9:30am-11:00am | Neurodiversity and Gender Identity: Clarifying the key terms and ideas around gender identity, as well as how we can support our neurodivergent children and young people with their gender identity. |
| Monday 27th January 9:30am-11:00am | Supporting Siblings of Neurodivergent Children and Young People: Exploring how to help siblings to better understand their neurodivergent sibling; sharing strategies to improve relationships and reduce sibling rivalry. |
| Monday 3rd February 9:30am-11:00am | Autism with a Demand Avoidant Profile (PDA): Exploring strategies to support autistic children and young people presenting with varying degrees of demand avoidance. |
| Monday 10th February 9:30am-11:00am | Supporting Sleep Difficulties: Providing strategies and advice on how to improve sleep routines for neurodivergent children and young people. |

Wednesday All Area Online Community Network Group

Please join us online by clicking [here](#) to register your details.

Only one registration is required to join any of the topics listed below and you will receive a reminder each week, which includes the link to join. Our online offer is delivered via Zoom for Healthcare.

| When? | Topic |
|---|---|
| Wednesday 8th January 5:00pm-6:30pm | Supporting Siblings of Neurodivergent Children and Young People: Exploring how to help siblings to better understand their neurodivergent sibling; sharing strategies to improve relationships and reduce sibling rivalry. |
| Wednesday 15th January 5:00pm-6:30pm | Introduction to ADHD: Discussing the characteristics of hyperactivity, impulsivity and inattention and how they can impact on education and home life. |
| Wednesday 22nd January 5:00pm-6:30pm | Understanding Executive Functioning: Discussing how neurodivergent young people may struggle with executive functioning - such as organising, sequencing and managing time - and how we can support them in developing these skills. |
| Wednesday 29th January 5:00pm-6:30pm | Autism with a Demand Avoidant Profile (PDA): Exploring strategies to support autistic children and young people presenting with varying degrees of demand avoidance. |
| Wednesday 5th February 5:00pm-6:30pm | Identifying Problems, Finding Solutions: An open session to come along and discuss any difficulties you may be experiencing with your child or young person and explore strategies to support them. |
| Wednesday 12th February 5:00pm-6:30pm | Supporting Transition: Supporting the transition of neurodivergent children and young people, using strategies and planning to reduce their presenting anxieties around change. |

What is the Neurodevelopmental Conditions Learning Programme?

The Neurodevelopmental Conditions (ND) Learning Programme provides an opportunity for parents and carers to gain understanding of neurodevelopmental conditions, specific learning difficulties and associated mental health needs and gain strategies to support the difficulties that may present, including:

- **Neurodevelopmental Conditions - including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.**
- **Managing everyday challenges and behaviours - including sleep, toileting and eating difficulties.**
- **Your Local Offer, disability welfare rights and SEND, Early Help and Education Health Care Plans.**

Face to Face Neurodevelopmental Conditions Learning Programme

Please contact us for information about our next available Neurodevelopmental Conditions Learning Programme.

Call our office on **01925 320863** or email us on **info@advancedsolutions.co.uk**
No referral or diagnosis is needed.

Online Neurodevelopmental Conditions Learning Programme

**If you would prefer to join us online,
Please click here to register your details.**

Our ND Learning Programme will be delivered online, once a week, over six weeks - only one registration is required to attend all of the six sessions and you will receive a reminder for each session.

| Session 1 | Session 2 | Session 3 | Session 4 | Session 5 | Session 6 |
|---|--|--|--|--|---|
| Tuesday 7th January 6.30pm - 8.30pm | Tuesday 14th January 6.30pm - 8.30pm | Tuesday 21st January 6.30pm - 8.30pm | Tuesday 28th January 6.30pm - 8.30pm | Tuesday 4th February 6.30pm - 8.30pm | Tuesday 11th February 6.30pm - 8.30pm |

What is a Online Learning Workshop?

Online learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. The workshop provides strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function.

Difficulties Attending School

This learning opportunity will help you to better understand the reasons why neurodivergent children and young people may have difficulties in accessing education, the impact of not attending and strategies we can use to support our children and young people to support them in accessing school.

| When? | Where? |
|--|--|
| Friday 31st January 9.30am - 12.00pm | <u>Please join us online by clicking here to register your details.</u> |

What is the Preparing for Adulthood Learning Programme? (whilst awaiting autism or learning disability assessment)

We are newly commissioned in Warrington to offer learning opportunities to parents and carers of neurodivergent young people aged 11+ who are awaiting Autism and Learning Disability assessment. This is a structured, 6 session learning programme, delivered face to face or online, supporting parents and carers as their young person approaches adulthood:

- Planning for transition
- Supporting independence
- Reasonable adjustments and SEND
- Further education and employment
- Independent living
- Community inclusion
- Relationships
- Good health and wellbeing
- Exploring local provision and services for your young person

Face-to-face Preparing for Adulthood Learning Programme

Please contact us to book your free place in advance

call our office on **01744 582172** or email us on **info@advancedsolutions.co.uk**

Where?

Our upcoming programme will be taking place in WA10, St Helens. Please contact us for further details about the venue. There will be a further opportunity to access this programme in Warrington. Please contact us for more information.



| Session 1 & 2 | Session 3 & 4 | Session 5 & 6 |
|---|---|--|
| Friday 31st January 9:30am - 2.30pm | Friday 7th February 9:30am - 2.30pm | Friday 14th February 9:30am - 2.30pm |

Preparing for Adulthood Online Learning Workshop for Parents/Carers

Pathway to employment, education and training

Our Preparing for Adulthood learning workshop for this half term will be looking at equipping you to support your young person, and planning for the next stage of employment, education and training, using clear examples and case studies and giving opportunity for questions, comments and discussion throughout the session. We will be exploring options including further education, higher education, training, supported internships and employment in various sectors.

| When? | Where? |
|--|--|
| Thursday 13th February 6.30pm - 8.30pm | <u>Please join us online by clicking here to register your details.</u> |

Preparing for Adulthood Online Learning Workshop for Professionals

Our professionals learning workshop for this half term will be looking at equipping you to:

- Understand the challenges faced by neurodivergent individuals when preparing for adulthood
- Develop the skills to better support the young people and their families you work with as they prepare for the future and transition to adulthood

We will be looking at the four key areas which are: **employment, independent living, community inclusion** and **health**, using clear examples, case studies and giving opportunity for questions, comments and discussion throughout the session.

| When? | Where? |
|--|--|
| Tuesday 4th February 3.30pm - 5.30pm | <u>Please join us online by clicking here to register your details.</u> |

What is the Professionals Neurodevelopmental Conditions Awareness Raising Training?

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- **Understand the differences between ADHD, Autism, and other NDCs**
- **Recognise the typical behaviours of ADHD, Autism and other NDCs**
- **Recognise the impact that unsupported and unmanaged characteristics of NDCs can have on an individual and their family**
- **Understand the impact that sensory processing difficulties can have on children and young people**
- **Identify local support available for professionals, children, young people and their families.**



ADDvanced Solutions Community Network is commissioned to deliver a limited number of Neurodevelopmental Conditions Professional Awareness Raising Training. If you are interested in this full day's training, please call the office on 01925 320863 or email info@advancedsolutions.co.uk.

Learning and Support for Children in Care/at the edge of Care and Foster Carers

We are commissioned to provide an enhanced offer of learning and support for children in care/at the edge of care, and foster carers in Warrington. Please contact the office on 01925 320863 or email info@advancedsolutions.co.uk to find out more about the support that is available.

Coffee Mornings, Afternoons and Engagement Events

Our team are happy to attend any face-to-face coffee mornings and/or online sessions to explain our offer for families and professionals. Please email us at info@advancedsolutions.co.uk for further information.



Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, we have listed the local area crisis contact details on our urgent support page, which you can find on our website: www.advancedsolutions.co.uk at the bottom of the home page.

You will also find links to national organisations that can offer support.

Online offer:

Our online offer is delivered using Zoom for Healthcare. The details we request are kept securely and used in line with our privacy policy: www.advancedsolutions.co.uk/policies/privacy-policy.html

If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Get in touch with us

