Preparing for Adulthood



whilst awaiting Autism or LD Assessment **Knowsley**

ADDvanced Solutions Community Network is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them.

We are newly commissioned in Knowsley to offer learning opportunities to parents and carers of neurodivergent young people aged 11+ who are awaiting Autism and LD assessment.

Preparing for Adulthood Learning Programme

is a structured, 6 session programme supporting and empowering parents and carers with information and strategies around:

- Planning for transition
- Supporting independence
- Reasonable adjustments and SEND
- Further education and employment
- Independent living

- Community inclusion
- Relationships
- Good health and wellbeing
- Local provision and services.





Online - across 6 evenings - 6.30pm - 8.30pm

Monday 4th and Thursday 7th November Monday 11th and Thursday 14th November Monday 18th and Thursday 21st November 2024

Book Now

Online - across 6 evenings - 6.30pm - 8.30pm

Wednesday 26th February, Wednesday 5th March Wednesdays 12th, 19th and 26th March Wednesday 2nd April 2025

Book Now

Knowsley (face to face)

venue to be confirmed

across 3 Tuesdays - 9.30am - 2.30pm

6th, 13th and 20th May 2025

Book Now

Preparing for Adulthood Online Workshops

In addition to the learning programme, we offer 4 complimentary workshops on the following topics:

Pathway to employment, education and training.	Thursday 13th February 2025 - 6.30pm - 8.30pm Book Now
Pathway to independent living including housing.	Thursday 13th March 2025 - 6.30pm - 8.30pm
Pathway to good mental and physical health and wellbeing.	Monday 28th April 2025 - 6.30pm - 8.30pm
Pathway to inclusion and being part of own community.	Tuesday 24th June 2025 - 6.30pm - 8.30pm